



IBN AL HAYTHAM ISLAMIC SCHOOL
KINGDOM OF BAHRAIN

**Welcome
back to online
studying**

Social Counselling Department

We are here to help you be a **GREAT** student.

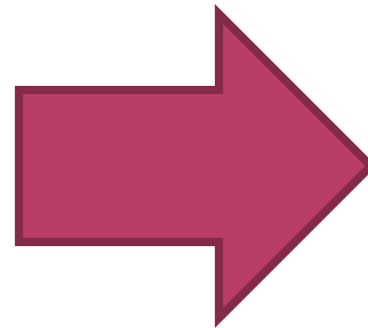
And being a great student does not always mean sitting in a classroom.

You can be a **VIRTUAL** student, by taking online classes.

But if you are not prepared, online classes can pose unique challenges.



SO



How can you succeed learning online?

1. Treat an online course like in-person class:

you need to have the discipline, sit down and tell

yourself that you will work on this.



2. Practice time management: create a weekly schedule and set reminders for yourself. When working on your assignment , try time- blocking, allotting yourself a certain amount of time for each task before moving on to the next.



3. Create a regular study space and stay

organized: establish a routine by setting up a

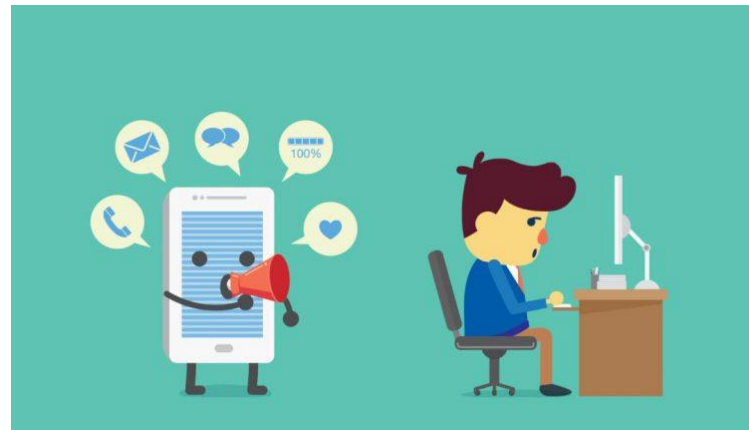
dedicated learning environment for studying, create

a space that makes you feel studious, energetic and

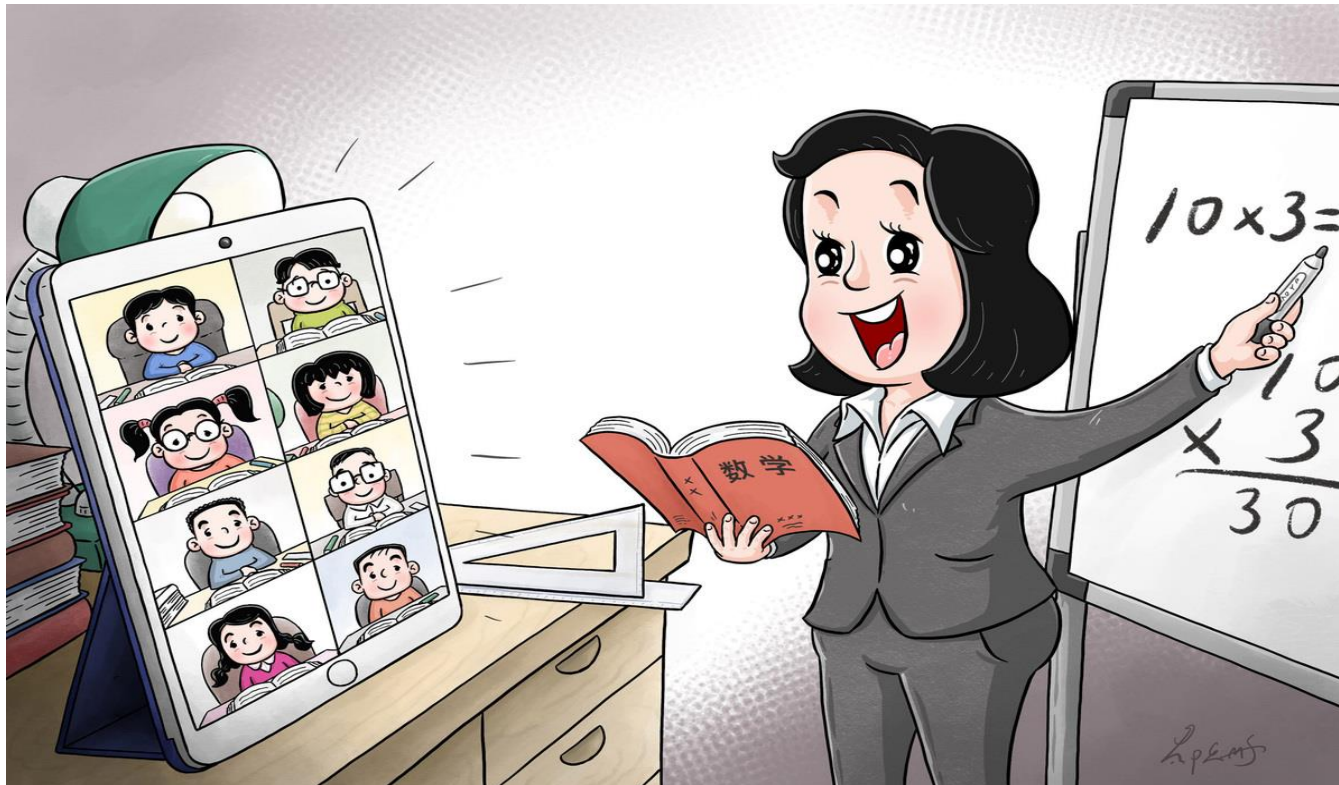
focused.



4. Eliminate distractions: it is undeniable that you will be faced with many distractions that can quickly derail your studies. Be it social media or washing dishes. turn off your cell phone to avoid losing focus, and be sure to finish your tasks before starting your online class.



5. Actively participate



6. **Ask for help:** if you are studying and realize you do not understand a concept or theory do not hesitate to reach out to your teachers.



7. Stay mentally and physically healthy:

you will be likely to spend more time on your computers or mobile phones, making it imperative to take breaks. Take a shower, stretch your body, get the recommended amount of sleep. And do not forget to eat.



Ultimately, the best way to be successful as an online student is, to figure out what works for you and stick it.

Best of luck!